

Appendix 5: ADI Work Plan and Budget Template

Community:	Contact:	Position:	
Proposed Start Date:			
Total Funding:	Telephone:	Fax:	Email:

The overall goal of ADI: To prevent and delay diabetes and its complications in First Nations individuals, families and communities through healthy eating, physical activity and healthy lifestyles.

The ADI objectives:

- *Increase awareness of diabetes, risk factors and complications as well as ways to prevent diabetes.*
- *Support activities targeted at healthy eating and food security.*
- *Increase physical activity as a healthy living practice.*
- *Increase the early detection and screening for complications of diabetes in First Nations and Inuit communities.*
- *Increase capacity to prevent and manage diabetes.*
- *Increase knowledge development and information-sharing to inform community-led evidence-based activities.*
- *Develop partnerships to maximize the reach and impact of health promotion and primary prevention activities.*

Priority	Activities	Time Frame	Partners	Budget	How will the community benefit from this activity?
Diabetes Awareness & Education Activities					
School Health/ children and youth					
Gestational Diabetes					
Food Security					

Priority	Activities	Time Frame	Partners	Budget	How will the community benefit from this activity?
Physical Activity					
Screening Activities					
Cultural Activities					
Other(s) (provide explanation)					
ADI Worker's Salary & Benefits					

Priority	Activities	Time Frame	Partners	Budget	How will the community benefit from this activity?
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Admin Fee (max 10%)					
Total Budget					

Please briefly describe how you will incorporate the following ideas/principles into your activities:

How is tradition & culture included in your ADI program?	
How will you increase your knowledge as an ADI worker?	
How will you evaluate the impact of the ADI program in your community?	

Prepared by:	Date:	Supervisor's Signature (if required):
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