

You're invited to a virtual event in recognition of World Diabetes Day!



world diabetes day
November 14, 2023

Know your risk, Know your response: What happens if...?

Please join your local Tribal Diabetes Coordinators and community nutritionist for any of the presentations being offered throughout the day on November 14th in recognition of World Diabetes Day!

Presentations will focus on empowering people with information and education on what to do in certain situations that people living with diabetes may face. Check out the agenda below for details!

WHERE: Zoom

To join the Zoom Meeting by computer/tablet click: <https://zoom.us/j/99182409643>

To join by phone: Call 204-272-7920, then enter meeting ID: 991 8240 9643#

WHEN: November 14, 2023 from 10:00 am- 3:00 pm

Agenda

Time:	Topic:	Presenter:
10:00 am	What happens if your blood sugar is high, or low?	Alyssa Hoadley
10:30 am	What happens if you are feeling stressed?	Brikena Dibra
11:00 am	What happens if you're sick and tips to stay safe	Jessica Flett
11:20 am	What to include in an evacuation kit for someone living with diabetes?	Barbara Thompson
11:40 am	Mental Wellness for Those Impacted by Diabetes	Diabetes Canada Webinar
1:00 pm	What happens if you don't get your feet checked?	Arla Tait- Linklater
1:30 pm	What happens if you are pregnant and diagnosed with gestational diabetes?	Tonia Traverse
2:00 pm	Diabetic Retinopathy & Sight Loss	Diabetes Canada Webinar