Our Cultural Support Providers (CSPs) and Resolution Health Support Workers (RHSWs) within the Indian Residential Schools (IRS) Resolution Health Support Program (RHSP) Manitoba Region provide a much-needed emotional and cultural support service not only to IRS Survivors and their families, but also to 60s Scoop Survivors, Indian Day School Survivors and victims of Missing & Murdered Indigenous Women and Girls (MMIWG).

The traditional values each of our own individual centre/organization works with are not activities but are "ways of working" that respect each of our community's traditions and integrate its strengths into the support services we provide. Such traditional values include:

- Culture-Based Values
- Community-Based Values
- Strength-Based Values
- Quality-Based Values

Our foundation for individual and community wellness within the IRS RHSP Manitoba Region:

- Spirit Wellness
- Emotional Wellness
- Mental Wellness
- Physical Wellness

CSPs and RHSWs from our centres/organizations will provide individual sessions or group workshop sessions to share and work with our Survivors and their families to build upon what we have (community assets), what we can do (to improve), and what we need (community needs) to do to CONTINUE the healing to address the indigenous health and wellness needs of our Survivors and their families.

# **Support Services**

Cultural Support Provider (CSP's) and Resolution Health Support Workers (RHSW's) provide various support services to Former IRS Students, including:

- Providing referral services to the appropriate Health Care and/or Traditional Health Service provider if needed;
- Ensuring former IRS Students receive health and traditional support services as requested (i.e., talking circles, pipe ceremonies, sweat lodge ceremonies, cultural camps, land-based workshops, fasting camps, Sundances, grieving and loss sessions, life skills sessions, traditional parenting sessions, naming ceremonies, walking ceremonies, traditional language classes, drum-making, ribbon shirt/skirt making, and more);
- Responding to crisis response calls (Murdered and Missing Women and Girls, suicides, deaths, etc.).

If you or a family member require cultural or emotional support, please contact an Indian Residential Schools (IRS) Resolution Health Support Program (RHSP) office near you.



INDIAN RESIDENTIAL SCHOOLS (IRS)

RESOLUTION HEALTH SUPPORT PROGRAM (RHSP)

**MANITOBA REGION** 

## Indian Residential Schools (IRS)

The Indian Residential School (IRS) system grew out of Canada's missionary experience with various religious organizations. The federal government began to play a role in the development and administration of this system as early as 1874.

The schools were located in every province and territory, except Newfoundland, New Brunswick and Prince Edward Island. Most residential schools ceased to operate by the mid-1970s; and the last federally-run residential school in Canada closed in 1996.

It is estimated there are 80,000 people alive today who attended residential schools.

As part of the Indian Residential Schools Settlement Agreement (IRS SA), Health Canada, in partnership with (formerly) Aboriginal Affairs and Northern Development Canada, provides services to former IRS students and their families through the Indian Residential Schools Resolution Health Support Program.

## Indian Residential Schools (IRS) Resolution Health Support Program (RHSP)

The Indian Residential Schools Resolution Health Support Program provides former IRS students and their families regardless of status or place or residence within Canada, with access to counselling, as well as cultural and emotional support services. If you attended an Indian Residential School, you and your family may be eligible to receive health support services, such as:

- 1. Cultural Support
- 2. Emotional Support

## INDIAN RESIDENTIAL SCHOOLS (IRS) RESOLUTION HEALTH SUPPORT PROGRAM (RHSP) MANITOBA REGION:

## Aboriginal Health & Wellness Centre of Winnipeg 215 – 181 Higgins Avenue Winnipeg MB R3B RG1 Phone: (204) 925-1204

Toll Free: 1-866-280-8809 http://ahwc.ca

## **Anish Corporation**

110 -200 Alpine Way, Swan Lake First Nation Headingley, MB R4H 1C8 Phone: (204) 334-9395 Toll Free: 1-866-640-5441 http://www.anishcorp.ca

## **Cree Nation Tribal Health**

302 Ross Avenue The Pas, MB R9A 1K5 Phone: 1 204 627-1540 Toll Free: 1-800-665-8539 http://www.tribalhealth.ca

## **Cross Lake Band – IRS Healing Program** Box 190

Cross Lake, MB R0B 0J0 Phone: (204) 676-3912 http://www.crosslakeband.ca

#### **Keewatin Tribal Council**

23 Nickel Road Thompson, MB R8N 0Y4 Phone: (204) 677-0384 Toll Free: 1-800-665-6212 Ext. 7257 http://www.ktc.ca

#### Sagkeeng IRS Wellness Centre PO Box 70

Pine Falls, MB R0E 1M0 Phone: (204) 367-9990 http://www.sagkeenghealth.com/indianresidential-school-resolution-health-supportprogram-irs.html

## St. Theresa Point First Nation Healing Centre

Box 389 St. Theresa Point, MB R0B 1J0 Phone: (204) 462-2106 Ext. 251 http://www.stpfirstnation.com/healthauthority

## Southeast Resource Development Council

**Corporation (SERDC)** 2nd Floor – 360 Broadway Winnipeg, MB R3C 0T6 Phone: (204) 934-0374 http://serdc.mb.ca/programs-andservices/health-services

## Wa-Say Healing Centre Inc.

Unit 226 – 388 Donald Street Winnipeg, MB R3B 2J4 Phone: (204) 774-6484 www.wa-say.com

# West Region Treaty 2 & 4 Health Services (WRTHS)

Toll Free: 1-866-385-9400 http://wrtchealth.com Dauphin Office: 317 Main Street N., Unit 16 – 2nd Floor Dauphin, MB R7N 1C5 Phone: (204) 622-9400 Brandon Office: 712 – 18th Street Brandon, MB R7A 5B5 Phone: (204) 725-4394